Point system - Individual IKSA footbike eurocup competition

IKSA committee has concluded the following point system for the eurocup.

The individual Eurocup is an open competition for every footbike atlete from all nations (world wide).

Participants collect points by taking part in the IKSA eurocup events in which in total **8** individual rankings can be scored.

For each finish a rider get points according finish ranking. After the last EC race of the season all points wil be gathered and the **2** most lowest ranked races (or not raced) are taken out of your total end score.

One does not need to have a licence to take part in IKSA eurocup classement. All participaters in IKSA eurocups automaticly are ranked in IKSA eurocup competition.

Rules used in case of same scoring in endtotal (used in displayed order):

- 1. the footbiker wich took part in the largest number of eurocup classifications (races).
- 2. the footbiker with the higest total ranked results in all 9 eurocups.
- 3. the footbiker with the higest scored (single) ranking.
- 4. if not concluded the atletes will get same end score and ranking.

Points ranked from first, second, third, fourth place >

Eurocup Individual points: 50, 46, 43, 40, 37, 34, 31, 29, 27, 25, 23, 21, 20, 10, 18, 17, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2 and 1 point for everybody who takes part.

Team races in eurocup races

...relays or team pursuits

The euro- and worldcup rule is 3 person pro team, same gender.

If a team is mixed of gender, then it is regarded as a male team.

Teams are allowed to have mixed nationalities in *eurocup* relays/team pursuits.

Categories of teams in which is competed

senior men teams (junior - senior - master - veteran) senior women teams (junior - senior - master - veteran) youth men teams (pupil - cadet) youth women teams (pupil - cadet)

What is an IKSA team race?

A team race can be a relay race or a team pursuit.

The footbike team pursuit is a track event similar to the individual pursuit, except that two teams, each of 3 riders, compete, start on opposite sides of the velodrome (or 400 m track).

The footbike relay races - is a teamrace in which members of a team take turns.

In case of relay change technic:

either change by touch or change by footbike. (not both in the same race). The organisers publish in the invitation (at least 3 months ahead) which change technic will be used.

Formation teams during a euro- and worldcups:

During a team event a team can field 1-3 members of their team. Teams can complement their team with 1 or 2 riders from another team to make their team complete (during a relay or team pursuit race).

Eurocup team points in relays and team pursuits:

Team points ranked from first, second, third, fourth place > x number of own teams riders.

50, 46, 43, 40, 37, 34, 31, 29, 27, 25, 23, 21, 20, 10, 18, 17, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2 and 1 point for everyteam **X** the number of riders in the team that actually are a member of that team (so 'borrowed riders don't gather points for your team). (Footbikers can not be member of more then 1 team in IKSA eurocup).

It is allowed for teams to registrate **maximum 2 teams** in a relay or team pursuit **per category**.

The 1st ranked team in that case receives 100% points.

The 2d ranked team receives only 50% of the points.

An example:

Team **Apirtosta 1** (with 3 members of club Apritosta) and team **Apirtosta-2** (with 2 members of club Apritosta and 1 member of another club) take part in an IKSA eurocup relay or team pursuit.

Team-2 finishes 3d and Team-1 finishes 6th in the same relay race.. (ranked 3 in race) = Team **Apirtosta-2** receives $43 \times 2 = 86$ points (ranked 6 in race) = Team **Apirtosta-1** receives $34 \times 3 = 102$ points $\times 50\% = 51$ points

Individual points of members for the Team classement:

Points gathered in the individual eurocup races by the 5 highest ranked riders (in each race) of a team also count in team classement. So the IKSA Eurocup for teams is a competition over the individual as well as team eurocup races.

*In eurocup teams can have more nationalities in same team. Though team members in an European or World Championship have to have same nationality!

Rules IKSA euro- and worldcup races

Age categories:

Men / women pupil: 10 till 12 y**
Men / women cadet: 13 till 15 y
Men / women junior: 16 till 17 y
Men / women senior: 18-39 y
Men / women master: 40 til 49 y
Men / women veteran: 50+

The categories are defined by birth year (so age of athlete on 31 December of same year). So it does not matter in what month an atlete is born, only the year of birth is needed to determine in which category an athlete is competing.

- * Euro- or worldcup organisers are obligated to facilitate *junior* competitors in eurocup events.
- ** IKSA recommands (if conditions allow it) to also facilitate *cadet* competitors in eurocup events.
- **Pupil (10-12 y) categories are not part of eurocup (nor worldcup). One can ofcourse organise races for pupil riders as side event, but no heavy competition whith large expectations can be attached yet to this young age group.

A. General:

These rules aim to develop footbiking as modern sport and fair, safe races without excess restrictions.

1. Competitors ride a footbike, that is propelled by kicking or pushed/carried afoot. In kicking one foot pushes straight backwards on the ground like in running, while the

- other foot is resting on the footbike. Skating-like kick is not allowed.
- 2. Footbike construction is free but it may not have motor, mechanical gear or sail nor sharp or protruding parts causing danger to other competitors.
- 3. Footbike must be mounted with 1 functioning brake. (2 brakes is strongly advised)
- 4. Before start signal both competitor and footbike stay completely behind starting line.
- 5. Front tire of footbike crossing finishline determines finishing order. Detached footbike parts are not seen as legitimed. Competitor should be in contact with his/her footbike while crossing finishline.
- Race distances can only be dertermined in agreement with and approved by IKSA.
 Women races have preferable same distance as the men races, or are (max.) 10% shorter.
 - To use a race distance shorter then 10% of the male distance for IKSA eurocup women race is not allowed.
- 7. In endurance races **it is allowed** to let all riders finish as soon as the winner of the category is finished. Resulting in a different round total among ranked riders. Women footbikers finish when the winner in woman category has finished.

B. Competitor:

- 1. Races on his own responsibility and risk, follows organizers instructions and is supposed to know race rules and keep on race course and schedule.
- May change malfunctioning footbike during race but must complete whole course with footbike.
- 3. Must not deliberately block opponents.
- Choice of riding line is free but after leaving a gap for an opponent to pass, one may not close the gap if scooters overlap. Takes pace only by riding behind other scooterists in same race and on same lap.
- 5. Minimum gap to motor vehicles is 30m and to other vehicles 10m.
- 6. All kind of pushing and pulling is strictly forbidden.
- 7. Competitors support may not enter race course or other way interfere the race.
- 8. Must wear a helmet during race (is obligatory).
- 9. If (active) transponder chiptiming is used, then transponder chip has to mounted on right side of front fork of footbike.
- 10. Ages of competitor in races : = age of the competitor on December 31(of the same year).
 - (So not the actual age on race day, but the age calculated from birthyear is used to determine categories).

C. Organizer:

- 1. Plans safe course, particularly considering other traffic during race.
- 2. Gives out event invitation well beforehand so that competitors can prepare themselves and test ride the course.
- 3. Recommended information includes event schedule, contact information, course pavement, map (and profile), feeding and repair stations plus these rules.
- 4. May only by necessity add special rules which must not conflict with these rules and must be included in race invitation.
- 5. Marks the course clearly and consistently, so that it can be followed during intense racing, marks remaining distance and forewarns hazardous crossings, corners and downhills.
- 6. Ensures that organization personnel knows parts of these rules essential for their duties.
- 7. Has all above-mentioned 'recommended information' available in written and gives short race briefing before start.
- 8. If start area is narrow, arranges start so as to best avoid rush and crashes.
- 9. If (active) transponder chiptiming is used, then organiser should instruct compitor to mount the transponder chip on right side of front fork of footbike.
- 10. Publishes written or digital results (at least) in English wich include: ranking, ranking per category, per gender, competitor names, gender, date of birth, category, nationality, team name, raced time, sort race (dicipline). Further how time was measured and exact distances applying to all competitors (or distance per category).

This within 2 hours after the finish of the race towards participants and press. The digital result list has to be emailed to IKSA (preferable in Microsoft Excell format) within 24 hours after the finish of the race to contact[a]iksaworld.com. (Exact country codes can be found here)

D. Jury:

- 1. Has equal representation of participants and teams nominated in advance.
- 2. Makes desicions that directly effect competition results and discusses with organizer if changing preset event course, schedule and such is necessary.
- Protests are left to jury up to 1 hour after last competitor has finished or regarding results, 1 hour after result publicing.
- 4. Competitor who violates these rules or common road regulations or accepts forbidden help during race is disqualified. Jury may ease the penalty.
- 5. Obvious unjust or unsportmanship conduct may be penalized even if not violating any specific rule.

E. Additional rules for Eurocup and Worldcup races:

- The preminilary programme in English has to be published online before
 February 1 of the same year in which the event takes place. Preminilary programme
 should contain:
 - date(s)
 - event name
 - diciplines and race distances
 - which categories can take part (distance per cateogory)
 - location (city or region)
 - travel information (what kind of travel connections the region or city has)
 - contact information organizers (email as well as telephone)
 - information about overnighting for athletes
 - all additional info is welcomed

The **defined programme in English** has to be published online 3 months before event date. The def. programme should contain all preminilary programme elements as well as:

- hight map of the route(s)
- time scedule races
- location (address) entry table
- online entry form and costs
- any other important information for riders
- all additional info is welcomed
- 2. Organizer should take special care that foreign participants get all necessary information before making desicion to travel to the event, overnighting information. Contact information should include telephone number which services participants at least during race day(s) and day before. All information, written course signposts, results, contact telephone etc. should be available in English.
- 3. Organizer is encouraged to provide basic assistance like refreshments, basic medical aid, pump, common tools and even spare scooters (and helmets in case wearing one is obligatory).
- 4. Event organizer and 4 other nations with most participants in the event name each one jury member (by voting).
- Organizer arranges check-in before start to check scooters and to give race numbers.
- 6. Referee is placed on the finishline, preferably with a video camera.

F. Additional rules for relay Euro- and Worldcup races

- 1. The eurocup rule is 3 person pro team, same gender.
 If a team is mixed of gender then it is regarded as a male team. Teams are allowed
 - to have mixed nationalities in world- and eurocup relays (this is not allowed in relays during championshiptitles, like World Championship, European Championships etc).
- 2. **Relay change technic:** either *change by touch* or *change by footbike*. (not both in the same race). The organisers publish in the invitation (at least 3 months ahead) which change technic will be used.

3. Formation teams during a eurocups:

In the first entered race a team enters 4 riders (names) and 1 unique teamname. During eurocup relay a team must at least be formed out of 2 of the 4. The 3rd person may be a not pre-registrated rider. So either 3 of the 4 pre-registered names, or 2 pre-registrated and 1 not pre-registrated). Team names can not be changed during the season.

4. Teammembers have to wear same coloured/designed outfit during team or relay races (so recognizable as 1 team).

G. Additional rules for sprints (1 - 1000 meters):

- Startprocedure during sprint is with 1 foot on footboard: a running start is not allowed in sprint. If the competitor arrives too late at start line then it's up to jury to decide if the competitor is allowed to start or not. In any case arriving too late at start line is considered as 1 false start.
- 2. **Restart or false start** Starter has the right to restart competitor if a false start occurs. Also during a failure in timing or timing-equipment, by more then 1 timer, it is legitimed to perform a restart. Timing jury should notify failed timing within 10 seconds to the start official.

One restart (coursed by false start) is allowed. After a second false start the competitor is disqualified from the race distance. Competitor is allowed to compete in other race elements within the programme.

- 3. Parallel supporting not allowed For accompanies, trainers, team members, supporters or other people present it is not allowed to ride parallel in same direction and speed with a competitor during sprintcompetition. Also not on a sidetrack next to the race track. In sprint heats only fellow competitors active in same heat can ride parallel.
- 4. **Track** All distances should be raced on a track with qualited surface or road. Hightdifferences in track of more then 0,2% in sprint are not allowed. Start and finish should be at same hight.

H. Additional rules for records:

 Recommended speed record distances for all classes: track: top speed*, 400m, 1km-l, 2km, 5km, 10km, 1hour-l, 3x400m-R, 3x1km-R. road: 1km, 1mile, 2km, 5km, 10km, half marathon, marathon, 100km, 24hours, 1hour -R(3) 24hours -R(5). -I individual time trial, no pacing is allowed -R(x) relay(number of team members, unlimited change interval)

*top speed on electronically timed flying start 20m, maximum wind being +2,0m/s. If pacing between separate footbike classes is allowed, records other than overall class will be labeled "paced".

- 2. Start and finish shall not be further apart than 30% of record distance. Decrease in elevation between start and finish shall not exceed 1/1000 of record distance.
- 3. Track records shall be ridden on 1km or shorter level route where elevation difference does not exceed 1m within any 100m stretch.
- 4. Time is measured using average of two independent timings in tenths of a second

on track and in seconds on road.

- 5. Excluding velodrome or athletics track, jury shall observe official course measuring, which is done in 1/500 accuracy along the shortest possible path for the riders to take and around curves 0,5m from curve inside line. To prevent a course from being found short, margin of measuring accuracy should be built in when laying out the course.
- 6. For a record to be verified, a record claim with all timing data, course map and detailed description of course measuring shall be signed by event jury and sent to IKSA. A video report can be added.
- · Additionally, record ride must fill one of following criteria:
 - 1) Record is set during international IKSA event.
 - 2) Record is set during other sports event such as official footbike, athletics, bicycling or skating event requirements of which fulfill IKSA requirements for course, measuring, jury and timing.

Rules Footbike European (or continental) Championship (IKSA)

For each Championship element an European title is given to the winner per gender and per category:

European Champion sprint (1 km or less)

European Champion time trial

European Champion cross

European Champion long distance (road - preferable marathon distance)

European Champion relay ***

Age categories*:

Men / women pupil: 10 till 12 y*
Men / women cadet: 13 till 15 y
Men / women junior : 16 till 17 y
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Men / women master: 40 til 49 y
Men / women veteran: 50+

The categories are defined by birth year (so age of athlete on 31 December of same year). So it does not matter in what month an atlete is born, only the year of birth is needed to determine in which category an athlete is competing.

- * *Pupil categories* (10-12 y) are never part of any European (/ other continent) or World Championship. One can ofcourse organise races for pupil riders as side event, but no championship titles are attached yet on this young age. Focus for them should be on fun, enthousiasm and taking part in footbike sport.
- *** Teams of 3 persons | men and women teams. Mixed teams in gender are regarded in ranking as male teams. Team members have to be of same nationality during the championship (note in euro- or worldcup relays that is not case).

Rules Footbike World Championship (IKSA)

For each Championship element an World title is given to the winner, per gender and per category:

World Champion sprint (1 km or less)

World Champion time trial

World Champion cross

World Champion **long distance** (road - preferable marathon distance) World Champion **relay** **

The categories are defined by birth year (so age of athlete on 31 December of same year). So it does not matter in what month an atlete is born, only the year of birth is needed to determine in which category an athlete is competing.

IKSA uses this rule because the WC and EC have been till now allways part of eurocup competition. So in order to an event be part of a competition it can only use the same category rules.

in the categories*:

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